

Place2Be

MONDAY 30TH SEPTEMBER 2024



Place2Be

We now work with Place2Be, a children's mental health charity that helps children to explore their emotions and feel better about themselves.

“When I feel worried, it's like I'm in a maze and the people in Place2Be are coming with a torch and showing me the way” – Boy

“My daughter had become such a different person – one we didn't recognise – but since counselling we see signs of our old loving daughter coming back.” – Parent

When is Place2Be useful?

Sometimes children can feel particularly sad, confused, scared or angry.

Maybe something difficult happened at home, like losing a family member or parents separating. Or perhaps they're struggling with something at school, like developing friendships.

This can make them behave differently, lose confidence in themselves or find it difficult to concentrate in class.

Place2Be is there to help children find ways to cope, so their worries don't get in the way of their friendships, their learning or how they feel about themselves.

What does Place2Be do?

Place2Be's professionals work with children one-to-one or in small groups, giving regular support for pupils who need it. This usually lasts for around 10 weeks of one to one sessions but can extend to up to 20 weeks, depending on the level of need of the individual.

How does Place2Be work with adults?

Place2Be provides support and advice for parents and carers, as well as teachers and school staff. Parents can access supportive resources via place2be.org.uk/family or get in touch with our Place2Be staff member via the school office and Miss Lovell.

Place2Be always gets agreement from parents or carers before they support a child through one to one counselling. They also meet with parents or carers regularly to keep them updated and make sure they are involved from the start.

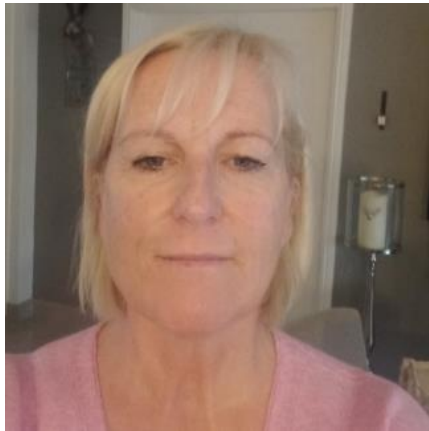
Place2Be also offer a 'Smart Parenting' website which offers practical advice on supporting their child and managing their behaviour. Details of this have been sent to all parents and carers via a letter at the beginning of September.

Our Place2Be staff member

Lynn is our Place2Be staff member.

She works on Fridays and is based in the SENDCo office.

Lynn will be working with four of our children in the Autumn Term and will be offering staff drop in sessions.



Place2Be – Autumn Term

We have worked together to make referrals for four children for Autumn Term.

Lynn will support these children through therapeutic play and one to one counselling and keep teachers and parents informed of their progress.